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THE PACIFICAN

UNIVERSITY OF THE PACIFIC'S NEWSPAPER SINCE 1908

Thursday

December 1, 2005

Volume 96, Issue 12

Rain/Wind
High 59, Low 43

Friday
AM Rain
High 58, Low 34

Saturday
Weather
High 56, Low 34

Class of 2006 faces *The Bristol Street Challenge*

Suzanne Shenk
Guest Writer

The four women lived together on Bristol Street, a few blocks from the Pacific campus. One speech

pathology and three physical education majors, the women were involved all over campus playing intramural football, basketball, and more. They all married

Pacific graduates, and now, thirty years later, the women are still best friends. "Pacific is a place where we could explore every facet of who we were," smiles Senior As-

sociate Director of Athletics and Senior Development Officer Cindy Spiro. In her pride and commitment, the validation of Pacific's pledge to foster lifelong relationships is realized. To commemorate this experience, Cindy Bava Spiro, Mary-Elizabeth Eberhardt Sandstrom, and Barbara Colclasure Oliver

See SENIORS page 3

A New Twist on an Old Favorite *Festival of Lights 2005*



Photograph by Stever Miner

Each year the Festival of Lights adds light to the omnipresent Burns tower with hundreds of bulbs on this tree.

Erin Birmingham
News Editor

This holiday The Festival of Lights is changing, but maintaining it's magic. The Festival of Lights continues to be one of Pacific's most cherished holiday celebrations, and this year it will be extended to two Sundays instead of only one. Students, faculty, staff and all other members of the Pacific family are all welcome to enjoy a variety of different delightful festivities.

The first Sunday of December, December 4th will include a holiday reception and the Greek house light-

ing.

The reception will take place in the Summit and the Redwood Room. Holiday Karaoke will be held at the Summit in the Static Attic. Hot cocoa and refreshments will be served in the Redwood Room where everyone is invited to take part in gingerbread cookie decorating. Pacific's Greek houses will be lit this evening for everyone to enjoy. The event is scheduled to last from 7:30 to 8:00pm.

On the following Sunday, Sunday the 11th the President will host his open

See LIGHTS page 2

Bomb threatens Alumni and kids, saved by Harry Potter

Lynn G. Beck

Dean, Benerd School of Education

More than 400 alumni and their families enjoyed a private screening of Harry Potter and the Goblet of Fire on November 19. The event began quite literally "with a bang" as the

See POTTER Page 3

Photograph courtesy of Lynn Beck



Stockton Bomb Squad takes the suspicious suitcase in this vehicle where it can be safely detained..

Stop AIDS. Keep the promise

Pacific AIDS
Awareness Week
2005

AIDS Awareness week at Pacific has been unfolding all week. Below is the schedule for the rest of the week. Keep the Promise.

Thur 12/01

WORLD AIDS DAY

Time: 12pm - 1pm

What: Hugs and Kisses and HIV * Karen Peterson (Nurse Practitioner) and Brian Vaccarezza (Physician Assistant)

Where: Bechtel

Time: 1pm - 3:30pm

What: Confidential free HIV testing and counseling by San Joaquin County Public Health Services

Where: Pacific Women's Resource Center (C.A.R.E.) @ Raymond Lodge

Time: 7pm

What: World AIDS Day and Candle Light Vigil* Sponsored by the San Joaquin AIDS Foundation

Where: Morris Chapel

Time: 9pm - 10:30pm

What: Chai and Chat

Where: Bechtel

Fri 12/02

Time: 9pm-1am

What: Bend It for a Cure Dance hosted by the Pride Alliance

Where: Raymond the Great

* Paid event * Half the proceeds to benefit the San Joaquin AIDS Foundation

See AIDS page 3

house, there will be an interfaith service in the Morris Chapel and the traditional holiday tree lighting.

Pacific faculty, staff and their families are invited to the holiday open house at the home of President and Mrs. Don DeRosa and their family. The event begins at 4:30 and will end at 6:15 leaving time for guests to walk over to Morris Chapel for the interfaith service. The open house will consist of a buffet dinner and children's entertainment. Guests are asked to bring a gift for a less fortunate child this season. Gifts will be distributed through the St. Mary's Dining Hall.

The interfaith service is an opportunity for the entire Pacific family to share in the many religious holiday traditions present on the campus. Students, faculty and staff will participate in the service through traditional music and speaking. After the service everyone is invited to walk over to the holiday tree adjacent to Burns Tower where at 7:00 pm a carillon concert and sing-a-long will partner the lighting of the holiday tree.



Photograph by Stever Miner

The Festival of lights traditionally includes a interfaith service at Morris Chapel, an open house at President DeRosa and Mrs. DeRosa's home and the lighting of the Holiday tree.



Photograph by Gail Matsui

Every year the Greek associations decorate their houses with ornate lighting designs. This year the students will arrange their lights themselves, to be lit on Sunday December 4th. That same Sunday the Summit and Redwood Room will transform into a holiday karaoke club and gingerbread decorating factory.



REPORTED BY PUBLIC SAFETY WEEKLY REPORT November 20 thru 26, 2005

1 THEFT, GRACE COVELL 11-22-05

Officers took a delayed report from a subject who stated someone took his wallet from his room. The theft occurred on Sunday, November 20, 2005 at 00:30 hrs.

2 AUTO THEFT, CLOCK TOWER PARKING 11-22-05

Victim reports someone took her red GMC pickup truck sometime during the week. The vehicle was last seen on Thursday evening.

3 THEFT, WEMYSS HALL 11-22-05

Victim reports she locked her silver and blue Schwinn bicycle. She secured the bicycle with a U-lock but secured only the front tire on 111705. When she returned to the bicycle on 111805, only the tire was there.

4 VANDALISM, DAVE BRUBECK WAY 11-22-05

Victim reports someone had spread Vaseline cream on his windshield while it was parked unattended between 6:00 PM and 8:00

AM, the next morning.

5 ARREST, MONAGHAN HALL 11-22-05

Officer stopped a vehicle in the parking lot for traffic violations and discovered the driver had a no bail federal warrant for his arrest out of Virginia. He was also in possession of a knife.

6 ARREST, CALAVERAS LEVEE 11-23-05

Officers arrested a subject for an outstanding warrant.

7 AUTO BURGLARY, DELTA DELTA 11-26-05

Victim reports that someone had entered their vehicle by smashing the windshield. The vehicle was last seen intact on 11200. Suspects took a compact disc player and \$2.00 in cash from the console.

8 AUTO BURGLARY, DELTA DELTA 11-26-05

Victim reports that someone had entered their vehicle at the same time as the one listed in previous entry. Suspects entered the vehicle by smashing a window. Suspects took a car stereo.

NEWS

From SENIORS pg 1

from the class of 1976, and Kellie Dennis Bovee '77 are providing an unprecedented opportunity for the class of 2006: they will match our senior class gifts dollar for dollar (up to \$10,000) as we work toward supporting the proposed multi-purpose Janssen-Lagorio Gymnasium on south campus.

75% of students at Pacific play on an athletic team or on one or more intramural team. However, the leagues have been limited due to scheduling conflicts and the facilities which are over forty years old. The impact of this senior class gift will be a significant improvement for all Pacific students. And to those who ask why we should give to something



This year the senior gift is a seniors only T-shirt. This is a once in a life time opportunity for the class of 06' to own an 06' t-shirt, all they have to do is donate 15 dollars to the senior gift.

we will never see during our time at Pacific, Cindy says the gift may mean the difference as to whether or not we break ground this spring. Years later, for students like her son and Kellie Bovee's two daughters who have attended Pacific, she has seen gifts such as this make a dif-

ference. And there are many more rewarding effects: successful teams require adequate training spaces, and

this gym may be the catalyst for our deserving Pacific athletics teams to gain national recognition. "Your institution will continue to grow as you continue to support it," encourages Spiro.

Ultimately, this challenge can help bring our class even closer together. It allows the senior class to unite and make a statement about our undergraduate education. The past four years at Pacific have been a progressive time: we have experienced many changes in student life and curriculum, and we have evolved with panache. This

is an opportunity to set a legacy for the class of 2006: a declaration showing where we started, how far we have come, and founding our future successes. When we meet this challenge, I cannot wait to come back in 25 years and see a plaque in the new gymnasium commemorating the class of 2006 for their unparalleled contribution. Remember * you get what you give * the game is on!

Go to www.pacific.edu/seniors or contact seniors@pacific.edu for more info on how to rise to the challenge and support the class of 2006.

November was Non-Traditional Adult Re-Entry Month

Della Richardson
Guest Writer

According to the study Strategies That Contribute to Nontraditional/Adult Student Development and Persistence by Dr. Sherry Miller Brown, "The fastest growing population on college and university campuses across the United States is the nontraditional/adult student population".

Any student who has had a break in his or her pursuit of higher education, and who is returning to college to complete personal, academic and career goals is considered a non-traditional student. Other factors that may make a student non-traditional are: they maybe employees or employers, over the age of 25 years, perhaps married, and/or they have children.

Trends in the work place and rapid change are contributing to the growing number of older students on campus. With mergers, acquisitions, reengineering, downsizing, and out-sourcing, jobs are no longer secure. Other factors are skill obsolescence, age

discrimination, and lack of experience in current technology.

There are 198 adult students over the age of 25 at Pacific. These busy students are from all parts of the campus and are in every major. The College of Pacific has 38% of the adult students on campus; the School of Engineering & Computer Science has 16%, and the Eberhard School of Business has 12%. All 21 evening degree students in University College/Center for Professional and Continuing Education are adult re-entry. Some of the services Pacific offers to adult students are: a study area, a mailing list, emergency student loans and scholarship information, Alpha Sigma Lambda National Honor Society, the Above & Beyond graduation celebration and a staff that can help them navigate all other campus services. The Office of Adult Learners, located on the 2nd floor of Burns Tower, is an advocate for non-traditional adult re-entry students at the University of the Pacific.



Photograph courtesy of Lynn Beck

THE MAGIC OF READING: Education faculty and more than 40 Pacific students from the school of Education, the Theta Chi fraternity and other groups treated guest with fun Harry Potter themed games, activities and creative foods like monster toes and popcorn hands.

From POTTER Page 1

crowd evacuated the theater to provide space for the Stockton Police Bomb Squad to detonate a suspicious *but ultimately harmless -- package that had been left in the front of the cinema.

Nerves were a little shaken, but spirits were strong and resolute as the film began and movie goers deemed the latest Harry Potter film as "outstanding" and "the best yet." Following the screening the crowd moved to the Benerd School of Education on the University of the Pacific Campus only to discover that the building had been transformed into the Hogwart's School of

Education and Wizardry for a Reception Celebrating the Magic of Reading." Education faculty and more than 40 Pacific students from the School of Education, the Theta Chi Fraternity, and other units around campus treated guests to events that included Living Chess, Quiddich Games, Broomstick Races, Wand Making, Story Telling, Face Painting, Hogwarts Bingo, Professor Snapes Powerful Potions, and more.

Guided by Marauders' Maps, alumni and their families enjoyed food that included Monster Toes, Popcorn Hands, Mrs. Weasley's Cookies, Spider

Crackers, and Witches' fingers in the Hogwart's Great Hall replete with floating candles. As they wandered through the houses of Gryffindor, Hufflepuff, Ravenclaw and Slytherin, guests were greeted by Professors Dumbledore, Snape, Trelawny, Sprout, and McGonagall. They had a chance to chat with the nosy journalist, Rita Skeeter, traded galleons for treats at Honeydukes Sweet Shop, and met famous young wizards-in-training including Harry Potter, Hermione Granger, Ron Weasley, Draco Malfoy, and more of J. K. Rowling's wonderful characters.

PERSPECTIVES

Lack of campus professionalism

By Caiti Weiser
Guest Writer

What exactly is professionalism? To me, it involves bringing your best to your job, whatever job it is you have. If you deal with clients or customers, you should be attentive to them at all times.

Many of us are here at Pacific because we want to become professionals. Wouldn't it make sense that while we are here, we should work on becoming more professional?

Many on-campus positions have very lax rules about what a student can do while on the clock. For example, some on-campus jobs allow employees to bring their homework to work.

To me, this is great. Why not allow a student worker to do homework once they have finished all of their other duties? We have all seen cashiers at Tiger's Grocery with a textbook cracked open and clutching a highlighter.

Usually, the cashier puts down the highlighter the moment he or she sees you. But occasionally, the cashier will continue reading the textbook until he or she finishes the paragraph, all while you stand there waiting to purchase something.

This is not professionalism. I don't care that the cashier has a test the next day. He or she is being paid to ring up my items—not to study for a test. The only thing worse than being charged two dollars for a bag of chips is standing there waiting to pay for it.

Another example of unprofessional behavior among students is the wearing of i-Pods while at work. i-Pods are very popular, but in my opinion, they do not belong in the workplace. The other day I went to the Student Lounge to buy stamps. The person behind the counter had both earphones in, and only took one out to talk to me. I found this very irritating because it gave me the impression that the employee's main priority was listening to music instead of getting me stamps. I felt like I was being rude by interrupting the employee's music-listening time.

In some jobs, an i-Pod might be acceptable; for example in a job where you have almost zero interaction with anyone. Wearing earphones is a not-so-subtle clue that you are more interested in listening to music than helping clients or talking to co-workers. Wearing earphones is like wearing a sign that says "Don't talk to me."

It is important not to underestimate the importance of interacting with co-workers. In many offices, you can learn a lot of useful information just by listening.

It is also important to keep your boss happy. Acting unprofessionally isn't going to cut it. You may think it doesn't matter while you are still in school, since you don't plan on working at the library for the rest of your life. But when you apply for your first real job and the prospective employer calls your old boss at the library, you don't want your old boss to say, "He could have been a good worker, but he never took his earphones off."

The 'freshman fifteen'

By Marcel Gibson
Columnist

Thanksgiving has come and passed, and with it, a milestone in freshmen lives as the first semester comes to a close. Yet, the holiday season also ushers in another point of celebration: the Freshman Fifteen are prowling on our fresh Tigers.

The phenomenon is a real one for even the most health-conscious. Once in college, Tigers start feeling extra padding. The damn truth, however, is that it don't stop freshman year.

My rump, for example, has been swelling ever since I got to this place. I came in here at 240 lbs, and now I'm roughly 285 lbs depending on whether I have breakfast or a poo in the morning. Though I attribute the extra 7 lbs I gained because of grandma's cooking last weekend, I have roughly gained 45 lbs since attending college. Go Pacific!

Now, I don't look anything like that lean, mean, and calorie-deprived 215lbs high school wrestler on the CIF plaque. My former coaches laugh at and mock me, not only because I am "healthier," but because of the damn Pacific website where they found out I was formerly a cheerleader. They yell, "Don't let the Fat-body

cheerleader beat you," while I try to lead push-ups.

But I'm not the only one sinking this boat. Biff Anderson, a one time buff man on campus, is about to graduate with a degree and 50 extra pounds. Even one of our Division I Tigers gained 35 lbs, but has since lost it.

All Tigers go through physical changes, but college seems to spur on the cellulite. College has, as Jennifer Sexton explained, "unlimited food in the dining hall, as opposed to food without a buffet at home. There's more freedom and a lot less structure, combined with less activity," and voila, I gain 40 lbs.

Not really, but the weight gain is due to a complete lifestyle change, from home to college. There's no longer a bedtime, so staying up watching movies or doing homework in the 2 o'clock hour becomes commonplace. And with the freedom comes late night trips to "Jack'n the Crack" and a lot of laziness.

The stress of school doesn't help either. The school work piles up and being healthy becomes a non-issue. Instead, in order to get the extra half an hour of studying, Tigers resort to the potato chips and meat lovers.

Then there's the x-factor: beer and booze. I strongly believe

that if it weren't for the yeast, it would be physically impossible to have gained 45 lbs. But Thomas Smith, a junior who's also tipping the scales, is right when he says, "It's a sign of good times."

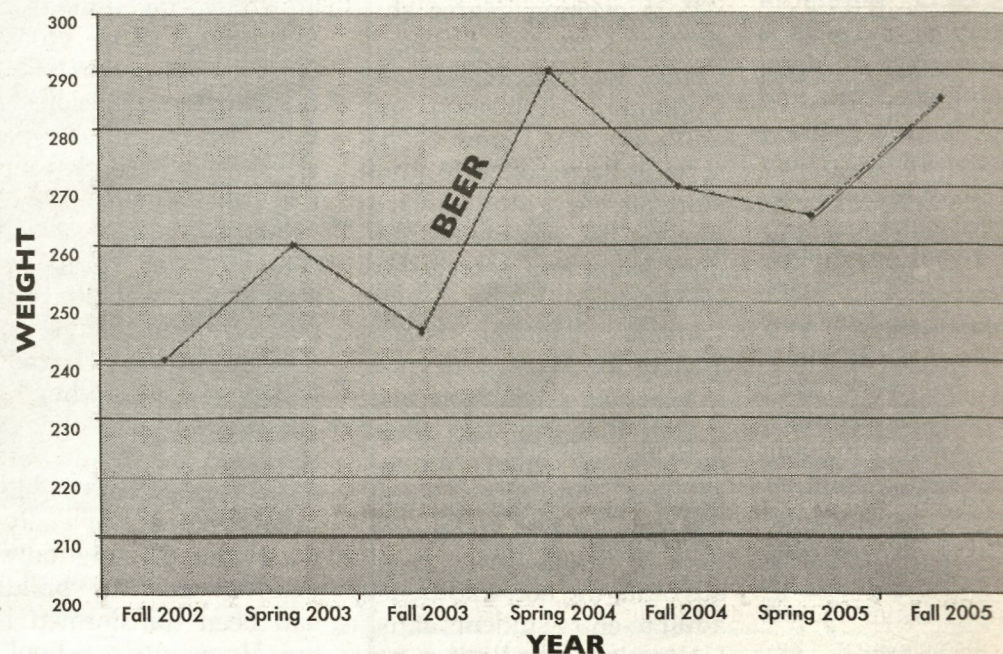
I, too, say embrace the extra love around the gut, because of social pressures to fit the ideal physique, the slightest of weight gain is an issue for some. The college environment, where many have a limited support system, makes the weight gain devastating.

Thanwa Alrawi, class of 2004, had to deal with the freshman fifteen while attending Pacific. By the time she graduated she had gained 35lbs. During school she had to deal with pressures from her friends, parents, and herself.

"I got feedback from my mom, badgering me to lose some pounds here and there." Alrawi's friends also made her feel uncomfortable because they'd suggested ways for losing weight. "They'd invite me to go with them to the gym, but I thought I couldn't keep up or would sweat too much and feel guilty, but I didn't want to go."

The weight gain was such an issue that Alrawi began to despise her body. "I'd

See BODY page 6



Preserving a status quo

By Satinder Gill
Staff Writer

I returned last week from seven unforgettable days in Miami, Florida. The trip reaffirmed some strong beliefs, sparked some new interests and answered some long burning questions. I gained some educational insight, practical experience and reminisced with friends from home. I attended a national conference hosted to recruit and aide higher education administrators. Of course, I adjusted the conference schedule to be able to enjoy the Miami culture and entertainment.

Reconnecting with friends and colleagues from home led to my second near death experience with this group, as I nearly drowned in the Atlantic Ocean! Note to self: put aside your competitive nature when being challenged by SUMO staff. But at the same time, no one else can persuade an entire restaurant/club of strangers into singing along with Madonna's hits, dancing with the waiters and screaming CHI-CO, CHI-CO! While I returned Stockton feeling refreshed, my newly acquired knowledge and experiences also led me to challenge my aspired future.

While talking with other paraprofessionals and administrators at the conference, it was determined that my actions are not the norm for individuals in my position. Many of the other students felt threatened to voice their opinions in a public forum, such as this one. They felt it could potentially jeopardize their positions and hinder their credibility. I realized that I was sitting in a room full of potential educators who felt the need to water down—or not challenge—issues. These individuals were willing to settle for the status quo in order to be 'fit in.' Furthermore, they feared "a lack of professional growth and development" as core results of challenging

things.

Fortunately a later conversation led to a discussion on law schools, social justice and achieving equity, and I found another individual who shared my interest in maintaining integrity and credibility while bringing up topics of injustice and challenging the status quo. We continued to discuss the benefits and limitations of being open and assertive. She invited me to continue our friendship and insightful discussions via the internet through facebook. I told her of my lack of interest and ability of engaging in communication over the internet including instant messaging, facebook, myspace or anything related. Never having

"Many of the other students felt threatened to voice their opinions in a public forum..."

logged onto any of these sights, I was quite naive about the type of information individuals disclose about themselves. Despite the billions of emails that fill my inbox from friends inviting me to join them, I actually appreciate and value face to face communication!

Nevertheless, she pressured me into at least giving it a try. Upon my midnight arrival back home, I received a phone call from her to talk me through the steps of setting up an account and searching for friends. After viewing the site, not only was I completely disgusted and appalled by the things individuals disclose about themselves, I was ready to share my opinion about it. Curiosity led me to wonder if individuals seriously understand the implications of these sites. Not only is it easily accessible by stalkers and psychos, it's also accessible by your future employers

or grandparents! When completing my profile, I hesitated to check "conservative," yet others have listed "binge drinking" or "fornicating" as interests! Furthermore, pages are filled with personal information such as addresses, previously attended universities, phone numbers etc. Why not just list your social security and credit card numbers as well? Explicit pictures are another common occurrence!.

You can imagine my lack of interest in continuing to create and display a profile further increased after viewing profiles others had created. People are so consumed by their "addiction" that they fail realize the implications of their actions. You are displaying private information which is accessible to the entire public. Don't give out personal information which will allow people to take advantage of you.

Furthermore, imagine the impression you are giving of yourself to others when displaying graphic pictures or listing illegal behaviors. Would you print out and turn in a copy of your "space" to a future employer along with a resume and cover letter? Would you consider using any of those pictures to send in family holiday cards? Technically you don't have to; any of these individuals, along with the rest of the world can access it themselves!

I found it equally amusing that I was able to locate and view profiles of many of the individuals from the conference, who settled for status quo and didn't want to challenge or question things. I find it ironic that individuals are not willing to openly express opposition or controversy in fear of damaging credibility or hindering professional growth, yet they decorate "space" with personal and private information, interests, hobbies etc. without realizing the serious implications it brings, including a scared image.

Health Center horror stories

By Abbey Golden
Guest Writer

At the University of the Pacific, some students dread going to the Cowell Health center more than they fear going to the dentist.

Holly Wilson, a junior, explains her treatment at a routine appointment at the Center. "After the usual check in, the 'doctor' came in asking the usual questions. She then asked if I had different eating habits than usual and if I was taking laxatives. I told her no. She then said that I had lost a significant amount of weight since my last appointment."

It turned out that Holly had lost three pounds since March. The doctor had told her that she had to see a dietician or the Wellness Center would fine her account because they had suspicions that she might be anorexic. "The entire thing was ridiculous," Wilson said. "I saw the dietician for exactly 15 minutes; she looked over my charts and said I was small for my height, but average weight since I came to college. I will never go to the Health Center again."

Another student currently attending Pacific had an even worse experience with the Health Center. Tessa Kannall, also a junior, went to the Wellness Center to treat a burn on her leg. "When I went into the Wellness Center my burn was very swollen, red, and had gotten so bad that I couldn't even walk. The doctor came in and saw me, saying that my leg was healing fine and all I had to do was wash it and keep it clean. This was a Friday."

Said Kannall, "By Sunday I was in the hospital. The hospital had given me prescriptions like Vicodin because my burn had gotten so painful, and crutches to help me walk."

These examples are two

of the horror stories told about the Cowell Wellness Center. But for all the horror stories that are told about it, the Cowell Wellness Center has valid reasons for being a part of Pacific's campus. What the staff responds to the bad stories is, 'If we don't hear about them, we can't do anything about it.'

Nancy Schlemmer, the executive director of the Wellness Center, last year had sent out 2,000 surveys to students to fill out complaints, kudos, and suggestions for the Cowell Wellness Center. "Last year I sent out 2,000 surveys to students, and I only got around 25 back. I take these surveys very seriously." Even though the Wellness Center is just now hearing about all the stories and their reputation, they are determined to change and show students that they are here to help. "We have a very talented staff, from the nurse practitioners to physicians. We are easily accessible and flexible to students schedules," says Schlemmer.

The Wellness Center offers many health and counseling services. The center can help students with many things like acute injuries, contraptives, sprains, and even emergency appointments can be made for any other problems. The counseling services include time management skills, panic attacks, and any other concerns a person may have. The Center also offers insurance to students who are no longer covered by their parents' insurance, and also give free flu and meningitis shots for students who are covered by their insurance.

The Wellness Center staff says to give them a chance. Their availability is a lot better than trying to make

See HEALTH page 6

PERSPECTIVES

Sororities' past and present

By Melissa Bahr and
Abbey Golden
Guest Writers

Since the nineteenth century, social sororities have been a prominent feature on the University of the Pacific campus. Over the years, social sororities have both evolved and, in some ways, stayed exactly the same. This campus is embraced by Kappa Alpha Theta, Alpha Phi, Delta Gamma, and Delta Delta Delta. Each offers a unique house and atmosphere. Sororities to this day still represent similar ideals and rituals of the past. Yet certain aspects of unity, rules, and tradition have changed to some extent.

Sorority alumnae, Marilyn Nichols, spoke of recollections pertaining to her house on University of the

"The girls wore blazers every Wednesday to show pride for their house..."

Pacific's campus. According to Ms. Nichols, four decades ago, unity amongst the Greek houses was unlike the present day.

The houses not only displayed pride for their own house, but also were eager to support the other social sororities on campus. The girls wore blazer jackets every Wednesday as a way to show pride for their house and the Greek system in general.

Today many Greek students complain that rivalry outweighs unity to a high degree. Vandalism has been an ongoing issue for the past few years at Pacific. Spray-painted cars, tagged houses, and destruction of property are only some of the cases relating to the issue.

Ms. Nichols explained that the house rules from the past

were also very different than today. Her sorority house had the doors unlocked each morning. The Sophomore, Junior, and Senior classes all had certain times to be in the house in order to make curfew.

The curfews were as early as ten p.m. for sophomores and juniors, and 11 p.m. for seniors. On some nights, the women were lucky enough to be allowed to stay out until one in the morning. If a young woman did not return at those curfew times, she was locked out for the night and disciplined.

Today, the sororities are very strict in regards to security. Doors are locked at all times, and each girl in the house has a personal key or code to let her in. Presently, a girl may arrive at her sorority house whenever she pleases. Curfews do not exist anymore for sorority girls at Pacific.

Ms. Nichols shared some memories relating to the past traditions of her house as well. She reminisced how she and many of the other girls in the house would gather in the living room all the time with the front door open. In the living room they would chat, hang out, and simply enjoy the company of the other young women and visitors at any time during the day. The girls would also gather around the only phone in the house, waiting to receive or make calls.

Currently, the girls of the same house do not carry on the tradition of socializing in the living room with the door open. The convenience of cell phones has made it so girls in the house would not have to wait for the phone.

While sororities are constantly changing, the everlasting rituals and founding ideas will always remain the same.

HEALTH from page 5

an appointment for any off-campus doctors and their physicians are just as talented as the off-campus doctors. The Cowell Wellness Center, however, does recommend that "If you feel uncomfortable with any diagnosis made, or with the staff, they strongly support the decision of getting a second opinion," says Nancy Schlemmer.

The Center is here to help students, and if you seek a change or want something better from the center the Cowell Wellness Center staff advocates that students "be part of the solution, not the problem. Fill out the surveys, make appointments to come talk to the executive director, and make the calls to complain."

BODY from page 4

in the mirror and hate myself that morning." Sadly, however, such a perception is not uncommon.

In order to lose the weight, like some Tigers, she chose to unhealthy diets and exercising regimes in order to regain control. Often times, however, these attempts are more harmful and turn into eating disorders.

Alwari witnessed Tigers develop eating disorders. "In the dining hall, girls would not eat as much in front of people as they normally would alone. I knew three people my sophomore year that purged themselves regularly."

Karen Peterson, director of health services at the Cowell Wellness Center, explains that "Eating disorders need multidisciplinary help; nutritional, medical, and psychological. There are a lot of hurdles to

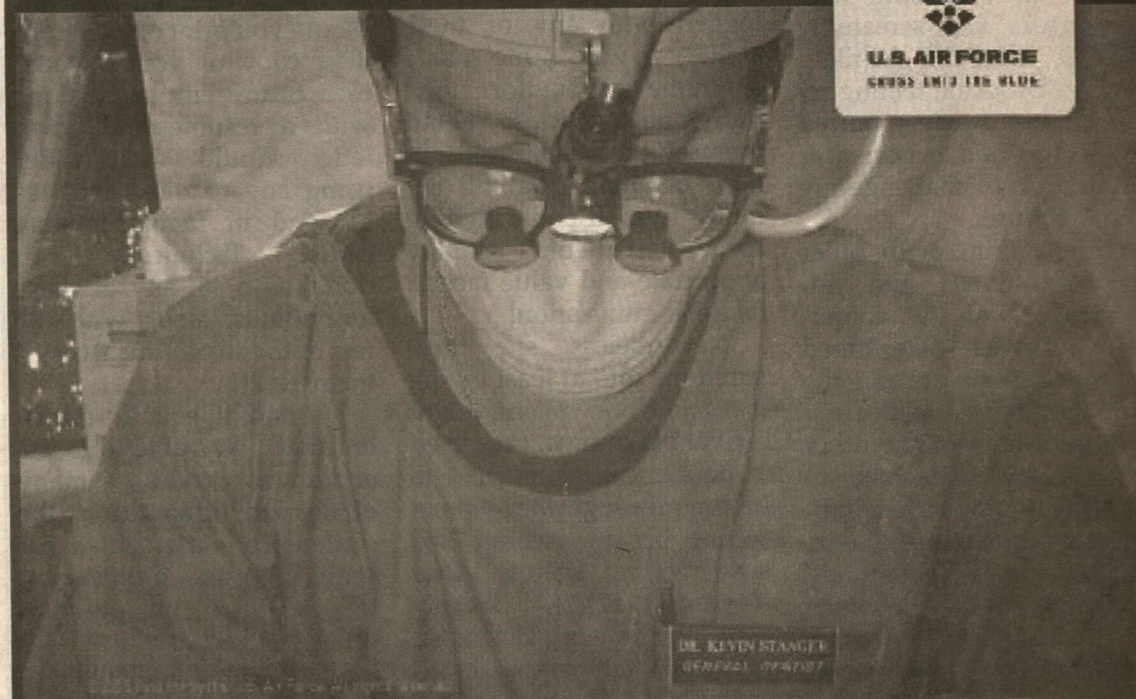
get over, as well as a major denial process."

We're not celebrities and we're not in magazines. As Sexton says, "We have lives that go beyond working out and looking pretty." Gaining weight is not a disastrous proposition and striving for the perfect physique is not the key to happiness. Check out the chart I've been on both ends of the spectrum, and even at 285 I'm a happy beast.

Nevertheless, Pacific has many programs to assist those seeking to lose weight, from Campus Recreation to the Counseling. The freshman fifteen is not inevitable, with proper caution it can be avoided.

However, to everyone out there struggling, be patient and compassionate with yourself. You can do it. Don't Stop Believing.

WE DON'T JUST PAY FOR YOUR EDUCATION.
WE COMPLETE IT.



Our scholarship covers tuition, textbooks and supplies and even gives you a monthly stipend for living expenses. But it's the experience you'll gain after graduation that sets this program apart. As an Air Force dentist, you'll be in a supportive team environment where teaching and mentoring are ongoing. You'll have exposure to various specialties, and the weight of emergencies or difficult cases won't rest on your shoulders alone. For more information about our Health Professions Scholarship Program, call or visit us online. 1-800-588-5260 • AIRFORCE.COM/HEALTHCARE

LIFESTYLES

Fear and Loathing on a College Campus

Beanie Babies spotted eating Tofurkey for dinner on staircase



by Mikey Vu
Lifestyles Editor

Welcome back everybody; I hope that you all had a fantastic Thanksgiving break filled with stuffing, mashed potatoes, gravy, and turkey. Or if you are of the vegetative persuasion, I hope that you enjoyed your Tofurkey. Allow me to digress for a moment, but for the record, tofurkey shouldn't really

be considered a food because as I am typing this in Microsoft Word, there seems to be a fairly prominent red squiggly line underneath the word "tofurkey," with recommendations that I change it from "tofurkey" to "tofu key."

I don't think that the talking Microsoft Word Paperclip will be too happy with my spelling decision. Anyways, I hope that everyone had a somewhat rest-

ful break because the next few weeks will be hell.

Speaking of hell however, I had a brief glimpse of what this world of pain and despair was like over break. That's right, I went to the mall on the day after Thanksgiving. I will tell you right now that there is something about sales that bring out the worst in people.

Maybe it's all part of the holiday spirit, maybe people just like feeling proud that they got a blow-dryer from Walmart for \$3.00 off retail price.

All I have to say is that these frequent holiday shoppers should get some sort of badge of honor for their valor in the shopping mall warzone.

Could you imagine what it would be like, a couple of crazy veteran holiday shoppers sitting around reminiscing about battle scars from years past would be like? "Yeah man, you see this purple scar on my left knee? Yeah, that was from the Furby

Craze of '98. You want to know how I lost my right pinkie? That was from the Battle of the Beanie Babies in '96. I still have nightmares, man."

"You see this purple heart of valor? Three words...Tickle Me Elmo." It really is true; nothing brings out the evil in mankind like discount shopping.

I have recently rediscovered another evil, except this time it hits a little closer to home. An evil that should someday be made into a horror movie called, "The Stairs That Were Not Walkable." That's right, I'm talking about those set of stairs located near the Gym that lead up to the bridge.

Have you ever tried to walk up or down them? Apparently, they were built as some sort of gift from Engineering Alumni, but I the only thing I can imagine is that they were built as one elaborate joke.

If you have ever walked down those stairs, then you

would know that they are aggressively awkward. It is nearly impossible to walk down them in normal steps.

The only way you can make your way down them is if you either a) take large gigantic leaps down each one, in which in the process you would probably end up looking like you were playing a rather large game of hopscotch, or b) take incredibly awkward stutter steps in which you look like you're hitting an invisible wall at each stair.

It's like the Engineering Alumni took meticulous measurements of what an average person's stride was, calculated the perfect angle to which best suited the maximum walking potential, and then said, "Hey, let's do the exact opposite." I will give them credit though; it's one hell of a joke. Maybe the awkward walking will help in shedding those tofurkey pounds.

Save a Dance for Lughnasa

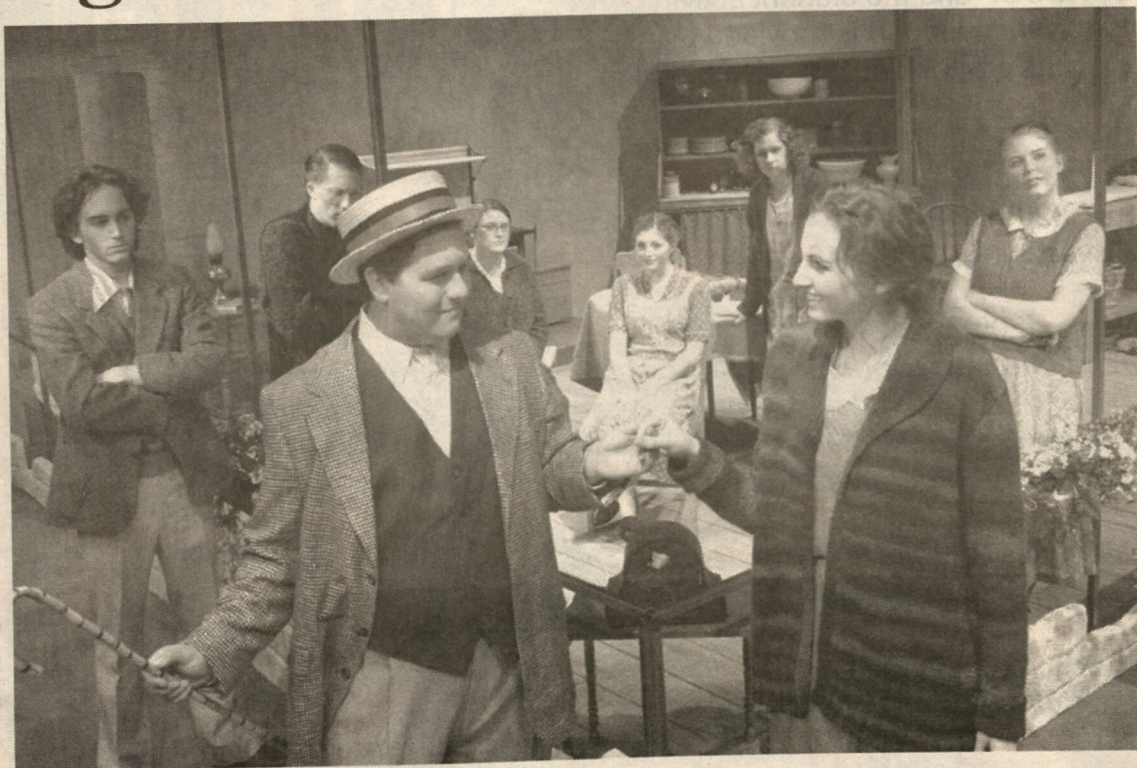
Theatre Arts Dept
Guest Writer

"It is true today, just most certainly as it was true in the 1930's of Dancing at Lughnasa, that Ireland exists at a wistful - and sometimes mad - crossroads". Pacific Theatre Arts Department plans to examine this wistful and mad existence through a production of Brian Friel's *Dancing at Lughnasa*, opening December 2.

Dancing at Lughnasa opens with Michael, who introduces his nostalgic memories of the summer of 1936, when he was seven years old, and the five Mundy sisters who raised him in rural Ireland acquired their first wireless radio. Michael is on a quest to fill a spiritual void. Their older brother, Michael's Uncle Jack, had just returned from twenty-five years spent

as a missionary in a leper colony in Uganda. Michael was born out of wedlock to Chris, the youngest of the Mundy sisters and Gerry Evans, who deserted her and the child. The radio, which breaks down more than it works, unleashes unarticulated emotions in the five women, who spontaneously break into song and dance, with or without its aid. The play is set in turbulent times of Irish history and is an anthem to the joy of living. Dr. William Wolak, director, has used a quote by Frank O'Connor to help the actors better understand the nature of this piece: "Ireland, that place of terrible beauty."

With set and lighting design by Randall A. Enlow and costume designs by Cathie



Photograph by Tina Brehmer

Lughnasa: New show opens the first week of December (Right to Left) Sarah Reilly, Michael Heiman, Giovanna Arieta, Jessica Due, Kyle Gundlach, Kyle Hall, Krista Perkins, Francesca Strack.

LIFESTYLES HOROSCOPES

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The Horoscopes are not completed by a certified Astrologer, they are a humorous addition to this college publication. The Pacifcan does not intend to offend or insult anyone.



By Dan Cammarano
Astrological analyst

Aries 3/21 - 4/19

The sign of Aries is in high gear this week, and if you're feeling the energy then you're not alone. Try to find a healthy release for all that pent up power like curling or yoga. Tonight keep score.

Taurus 4/20 - 5/20

Procrastination is a horrible thing, almost as bad as giving bad health advice. Try to get things done early or fake an illness, its not like the health center's going to know. Tonight leave early.

Gemini 5/21 - 6/21

The best quality you can have is to be true to your word, the

second best quality is not burping at the table. You should burp a little to get it out of your system. Tonight buckle your knees.

Cancer 6/22 - 7/22

Your birthday is no where in sight, however you feel like a little party party. Embrace "Thirsty Thursday" like you're 18 again. Tonight lose a little respect.

Leo 7/23 - 8/22

You get the feeling like something bad is going to happen. Take the bull by the horns and confront everyone like the Spanish inquisition, because no one suspects the Spanish inquisition. Tonight do a little slapping.

Virgo 8/23 - 9/22

The last thing you might have done was a mistake. Go confide to one of the assistant provosts, it will make you feel like a better person. Tonight eat some fish.

Scorpio 10/23 - 11/21

Surprises may not always be a good thing, but maybe you should just go with the flow, if anything bad happens relax, it will be a spicy chapter in that book you're going to write. To-

night have a little fun.

Sagittarius 11/22 - 12/21

You feel like pressuring people to read one of the Harry Potter books. Why can't you press something more fun, like tonsil hockey? Tonight sleep tight.

Capricorn 12/22 - 1/19

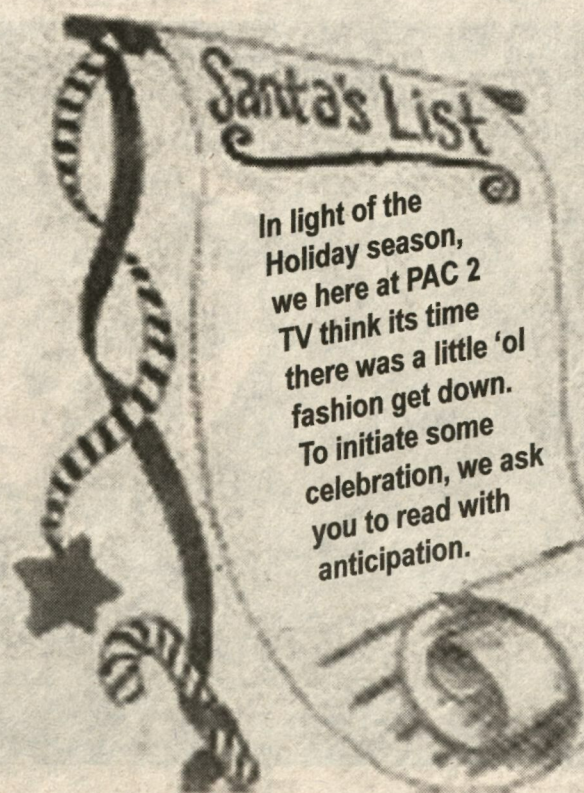
Your low self esteem may or may not be caused by your horoscope over the last couple weeks. You're bigger than this, you don't need to let a few words on paper affect you so much, drink some coffee and read this again in the morning. Tonight get a life.

Aquarius 1/20 - 2/18

Ever wonder how many trees have had to die to make your education possible? Who cares when UOP stands for "utterly over priced". Make a paper air plane and giggle. Tonight play hall soccer.

Pisces 2/19 - 3/30

Revenge is sweet, and if the person deserves it then it's all good. Consult the OIT on the best way to make someone's computer a very expensive paperweight. Tonight give a hug, but keep it clean.



So, as we hit you up beat-box style, here is a poem to make you smile.

Christmas lights nor a Chanukah draddle can bring this much to the table: The Pac Pecks Contest has begun! A sexist quest for Mr. Number One.

Not limited by year or house, anyone can nominate a handsome Pacific buck Someone whom all could agree to like*

That campus man who's always willing and able Especially one who looks hot on cable.

A man of men, your commendable friend, that guy that likes to be real flirty And makes women feel all warm and dirty.

So help us out and locate a dude,
A guy who doesn't mind being half-nude.

E-mail PacificRadioTv@yahoo.com to let us know whom we should choose,
But be sure to tell him that the prize isn't booze.
1st Place wins \$100 dollars, while 2nd Place gets \$50,
Now to us this sounds pretty nifty.

February 1st is the cut-off line, To make sure that ass is lookin' fine.

Hurry Pacific, don't slack-off on nominating - seeing as how this contest is fairly degrading, We're a little worried that it won't go on operating.

* Words changed or omitted due to utter inappropriateness

Real facts about college rape

Guest Writer

Your parents probably told you a lot of things when they dropped you off at school. Make sure you lock your doors and windows, don't do your laundry alone, call the safety shuttle or a cab instead of walking alone at night. These are all good pieces of advice, but keeping yourself safe in college is a lot more complicated than defending yourself against strangers in dark alleys.

Be Careful Who You Trust

It's a difficult thing to think about when you're in a new place trying to make friends, but most college students who are raped know their rapist. Kinda makes it hard to enjoy a first date, or stay up all night studying with a male classmate. It's depressing, but try to accept the fact that you're probably less likely to get raped in the "bad neighborhood" downtown than you are in a frat house.

*In the general population, more than 80% of rapes are date or acquaintance rapes. Among college students, that number rises to 90%.

*Numbers vary, but somewhere between 1/5 and 1/8 of college women will be raped while in college. Stop and think about that number: one out of eight, or one out of five.

*Thirty percent of male college students surveyed admitted to using force or emotional pressure to get sex.

*Most date rapes happen to women between the ages of 15 and 24.

Without becoming a nun, there are some things you can do to lessen your risk:

*No matter how nice a guy seems, be wary of spending time alone with him until you get to know him better. Group dates have become the collegiate standard, anyway.

*Remember that you can always say no, even if you have had sex with the guy before.

*Four out of five rapists are unarmed. Learn how to fight back.

It's not necessarily the type of guy your mother warned you about.

*Learn about the effects of alcohol and "date rape drugs." Keep reading.

Know Your Limits

Obviously, college students drink. Not all college students, but a lot of them. Nothing anyone can do about that. But did you know that 75% of male date rapists and 55% of female date rape survivors had been drinking or using drugs?

*Men: if a woman is drunk or high, do not get sexual with her. Period. Neither "I was drunk" or "she was drunk" is going to hold up as a defense in court.

*Women: don't try to drink like the guys. A 140 pound woman has less water in her body than a 140 pound man, which means the booze raises the woman's blood alcohol level faster and takes longer to leave the woman's body. In short, women get drunk faster and stay drunk longer than men, even if they're the same size. If you're small, you're even more vulnerable to alcohol's effects.

*Know how much booze is in what you're drinking. Lots of things are more alcoholic than they taste, including hard cider, fruity cocktails like Fuzzy Navels, and jello shots. Even wine coolers can get you sloshed if you drink enough of them.

*If you don't want to drink, but you want to look like you're drinking, carrying around the same drink all night does work.

Spiked Drinks Do Happen

You've probably heard of rohypnol, "the date rape drug," aka roofies, roaches, r2, rope, Mexican valium, ruffies, etc. How does it work? The rapist dissolves some tablets in a drink and give it to the victim, who is affected within 20 to 30 minutes. The victim often becomes extremely dazed, passes out, and suffers amnesia. The effects are intensified when roofies are mixed with

alcohol.

Skeptical? Don't be. 90% of all rapes are planned.

*If you drink, drink only out of containers you open yourself. Get one of those bottle-opener keychains, and hang onto your drink at all times.

*You can sometimes spot roofies because they make alcoholic drinks taste slightly bitter, can turn light-colored drinks blue, and may make the drink somewhat chunky. However, it is colorless and odorless, so don't rely on these roofie-spotting techniques to keep you safe.

*Think you or a friend got roofies in your drink? Get somewhere safe and call the hospital immediately. You can be tested for it for the next 48 hours.

Roofies aren't the only drugs that can be used to make you pass out. Special K, often ingested voluntarily, can cause unconsciousness and has also been associated with rape. The drug GHB has many of the same effects of roofies, too.



Photograph by Tina Brehmer

Kissing: Two of the stars share an intimate moment. Sarah Reilly as Christina and Michael Heiman as Gerry Evans

From PLAY Page 7

McClellan, both of whom recently received praise for their work on Pacific's production of *Assassins*, patrons of the theatre are sure to be presented with an aesthetically accurate portrayal of Irish life in the 1930's. Shawn O'Farrell has acted as consultant to the cast, sharing his firsthand knowledge of contemporary Irish history.

Michael Heiman, President of Theta Alpha Phi, a national theatre fraternity, invites patrons to attend a reception following the opening night performance. Discussions, where patrons can interact with the direc-

tor, designers, and company will be held immediately following the performances on Sunday, December 4th and Friday, December 9th. *Dancing at Lughnasa* plays at the University of the Pacific in the DeMarcus Brown Studio Theatre. Performances are December 2, 3, 7, 8, 9, and 10th at 8:00 PM with a matinee performance on December 4th at 2:00 PM. Prices are \$12 for general admission, \$8 for students and faculty and \$5 for seniors. They can be purchased by calling the box office at (209) 946-2UOP, online at www.tix.com or at the door. The house opens 30 minutes before curtain and is general seating.

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SPORTS

Rugby Alumni Saturday

By Lindsey Kennedy
Reporter

The Pacific Rugby fever is spreading through this campus like wild fire and for good reason. With success comes notoriety and after last season, Pacific rugby is worth talking about. As a very physical game, rugby no doubt is a great form of entertainment in boring Stockton.

Rugby is part football, part soccer with lots of hitting and tackling, but no pads. Rugby never has a dull moment as the sport is based on continuous ball movement. As Mike Mahaffery, a freshmen prop, puts it, "It's intense. I didn't expect to play a sport in college; I'm lazy but I like it. Rugby is worth it."

The bond that rugby forms between the players is beyond any sport. There is a culture behind rugby that every team, no matter what school, understands. Newcomer Matt Paul, who has already proven a legitimate threat, witnessed the culture firsthand after taking the traditional boot, a congratulations for his first try. "I like all the camaraderie on the team; it's fun battling with your boys and than hanging out after the game."

Rugby is a team-oriented game and a good amount of chemistry is vital for the success of a team. "It's a lot of fun because I have been able to meet a lot of influential older guys," said freshman Matthew DelQuerra.

Throughout the preseason, veteran ruggers on the team have made a point of educating the young ruggers on both the culture and the game of rugby. From practices to hanging out together, it is the job of the veterans to take these new ruggers under their wings and make sure they understand every aspect of the game. Tim "Spider" Reeve is a freshman who's been mentored

by the back captain, Steven "Mouse" Clark. "We've had to learn fast when playing with these guys, because if we don't learn fast they will keep hitting us harder until we understand."

The Pacific Rugby team, nicknamed Little Tigers, is led by coach Jeff Geiman. Geiman got involved with Pacific rugby when his son Jordan joined the team four years ago. "Jordan was playing and they didn't have a coach, he wanted me to coach. I told him I would 'help out' soon thereafter I became the coach," said Geiman. Geiman has been the catalyst in building a solid program in Stockton and has been the key to spreading the sport at UOP.

Last year marked Pacific Rugby's first two wins in conference, beating rival San Jose State University and the University of San Francisco. "In those games we had a little bit more room due to our physicalness to maneuver and get the ball rolling and score some points. This year our pack is still continuing to learn about being physical which will open the field up for the backs," said veteran Bill Newman.

There are 15 players on each side and each team divides itself into the pack and the backs. Everyone plays both offense and defense. The forwards are like football's line and are part of the pack. The pack controls play and are always around the ball. On the other hand, the backs are the skilled position players whose job it is to use their speed and agility to score a try. "I love being a back because I can apply my athleticism," added Paul. The backs are mainly away from the ball in a line, waiting for the ball. A try is a touchdown and a player has to touch the ball to the ground for the score. "It is the pack's job to suck in the other team's defense and then outflank them with our backs. We have had some

great backs come through this program, as we will see on Saturday, but this year's backs have the potential to raise the bar to a whole new level, and not to mention we have arguably the best fullback in our league," said veteran Scott Behnam.

Pacific Rugby opened its season against hard-hitting Cal State Maritime, the first true exposure the new ruggers had to the physical demands of the sport. The powerhouse Maritime has traditionally been a powerhouse, walking into Stockton to slaughter Pacific. Many veterans were unsure about what to expect, facing Maritime as the first test. Marcel Gibson, who set a single season record for most tries in a season, explained it best. "We have a really young team, and for the vets, we know that Cal Maritime is an inferno. We're gonna see who's gonna be burned."

But Pacific wasn't burned as the boys held their own, being such a young team and losing the game by only 7 points. "We expected our young squad to get confused during game play and they did but they made up for it with heart. We are not going to face a whole lot of teams better than Maritime," said veteran winger Brady Kinings. The game against Maritime last week showed how far the Pacific program has come in the last couple of years.

"My first game as coach against Cal Maritime, we were outmatched, outplayed, certainly out-coached, but we scored a try through sheer guts and will," said Geiman. This year it is more than guts and will as now the talent is exceptional and come the regular season in spring, the experience will also be there. Mahaffey put it best, "It was intense, we played very well, they were big but we believed in ourselves and our

D'Hondt takes game overseas

Ashley Dolezal
Reporter

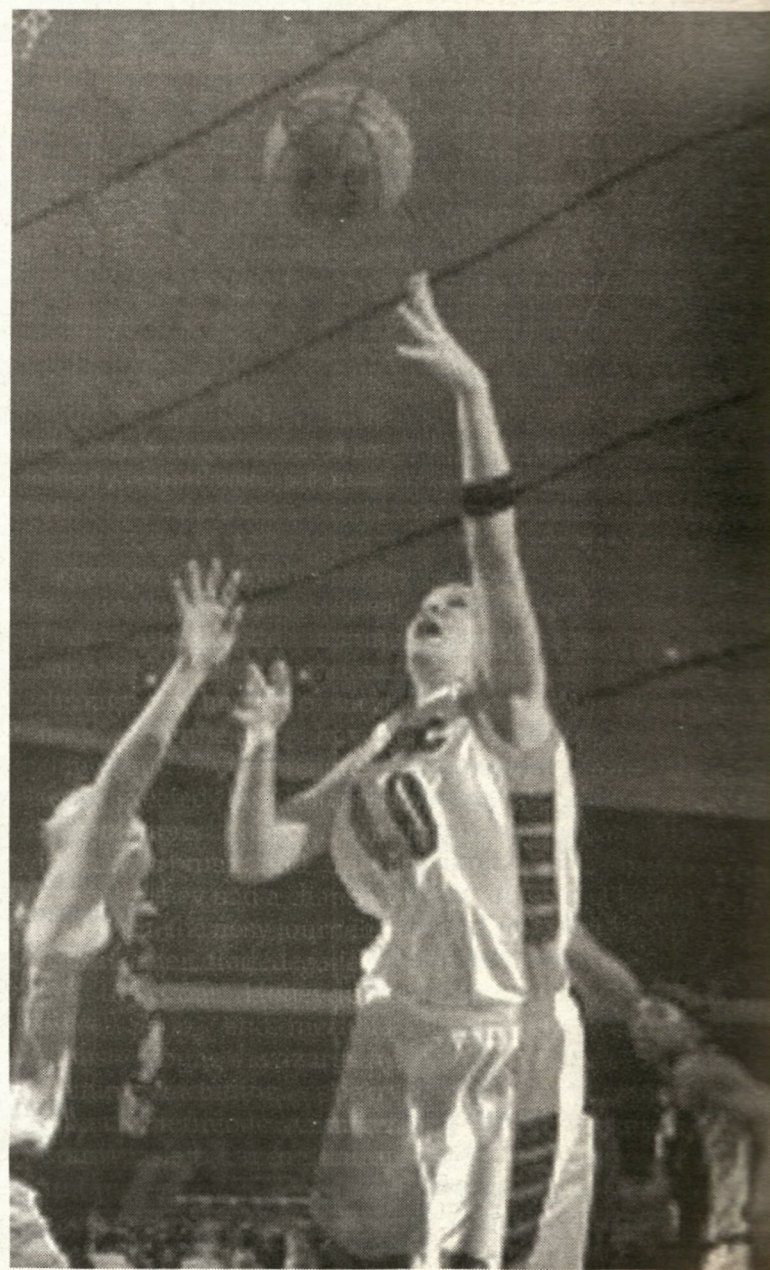
National Basketball League. The Rebels have been one of the most successful programs in women's professional basketball in England since entering the league in 1998. The Rebels hold the championship trophies for the National Cup, the League and the Playoffs in 2005.

D'Hondt played in the Commonwealth Games in Melbourne, Australia in March of 2006 for the English National Team. She followed in her father's footsteps by competing in the games as he was a gold medalist in crew for the English

National Team. The season began in March and will continue until February. Out of the 11 games that the Rebels have already played, Gillian was one of the top 3 high scorers in 8 of the games.

D'Hondt is a 6'3" handed forward/center who came to Pacific from Seattle, Washington. D'Hondt attended Pacific from 2000 to 2004 and set many records during her 4 years here. She was the 15th member of Pacific's 1,000-point club, finishing her college career with 1,315 points. Her career high of 34-points occurred in her last game as a Tiger in Big V.

See GILLIAN page 1



See RUGBY page 12

NFL Week 11 Predictions

Overall Record : 47-30

Arizona at San Francisco

Here is the week that I can finally pick the Niners. They play very well at home and almost beat the NFC leading Seahawks in Week 12. Ken Dorsey had a couple average games, but the coaching staff is going to go with Alex Smith in this game. Barlow needs to have around 100 yards and a TD for a sure victory. Arizona has gone back to Kurt Warner and he has responded with two 300-yard games. They do not have a running game, but Larry Fitzgerald and Anquan Boldin are always around 100 yards each game. I will pick the 49ers because they are due for a victory.

49ers 24, Cardinals 20

Oakland at San Diego

The Raiders have not been too successful in their passing game the last few weeks and their record shows. Randy Moss has not done much of anything, but Jerry Porter has been filling the void. Their defense is depleted, especially now that Warren

Sapp is out for the season with a shoulder injury. San Diego should cruise in this game because of LT dominating on the ground. They have been putting up ridiculous offensive numbers and they should easily score enough at home to pull out an easy victory.

Chargers 31, Raiders 17

Atlanta at Carolina

Atlanta beat the under-achieving Lions on turkey day with no problems. Alge Crumpler had a huge game and the defense was very effective. Michael Vick will face a great Carolina defense that will give him problems. The Panthers lost to a surprising Bears team in a defensive game last week. Their running game was stopped and Jake Delhomme did not have the greatest game either. I think Carolina will pull this game out because they play well at home and Atlanta is not a great road team.

Panthers 20, Falcons 17

Denver at Kansas City

I could never guess which Chiefs team will show up on Sunday. They score 3 against the Bills, but then put up 26 on the Patriots. Larry Johnson is an unbelievable running back who allows the Chiefs to not worry about losing about Priest Holmes. Their defense has been improving also. The Broncos look like a powerhouse this season and won a huge game last week against Dallas in OT. Ron Dayne was a savior with his 55-yard run to set up the winning field goal. Denver looks unbeatable and should take care of the Chiefs in a pretty high scoring game.

Broncos 31, Chiefs 23

Cincinnati at Pittsburgh

The Steelers looked dismal against the undefeated Colts on Monday night. Ben Roethlisberger was shaky in his return from his knee injury and the running game looked awful. The defense did not play like they have

been, but it was against the Colts. The Bengals embarrassed the Ravens last week, especially when they had a 31-0 lead at the beginning of the 4th quarter. Chad Johnson talks a lot of smack before games, but he backs it up more than anyone. Carson Palmer and Johnson have a great connection and they are bound to hook up for at least 5 completions a game. The Bengals have more momentum coming into the game and should be able to score with their offense.

Bengals 24, Steelers 20

Dallas at NY Giants

The Cowboys lost a tough game last week in which they played very well, but the Broncos just played a little better. Julius Jones is back and they found a short yardage back in Marion Barber III. The defense has played very well, especially because of their two 1st round picks this year. The Giants are a very good team at home, especially Tiki Barber. Eli

Manning has found Jeremy Shockey as an excellent option in the offense and he has also revived Amani Toomer over the last few games. The Giants are going to pull out the victory because they are at home.

Giants 24, Cowboys 20

Seattle at Philadelphia

The Eagles have been the most disappointing team this season and they are now without both Donovan McNabb and T.O. The defense has been playing tough the last few games, but the offense just is not good enough to pull out victories. They are a pass happy team with players who are not good enough to carry the Eagles to the playoffs. The Seahawks won the best game, I think, of the season mainly because of Jay Feely missing 3 field goals at the end of the game. Shaun Alexander is on pace for a million touchdowns and Joe Jurevicius has stepped up as a number one receiver. The Seahawks should take this game.

Seahawks 27, Eagles 16

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SPORTS

From RUGBY page 10

teammates."

This Saturday at 1 p.m. Pacific rugby takes on the alumni. The Tigers have never beaten the alumni and this might be the year. "I think it would be nice for us to impress the alumni and continue on with the tradition of improving every year," said veteran Jared Englebrecht.

The rugby team will be hosting a fundraiser with a barbecue during the alumni game. Everyone is encour-

aged to come and support the hard-hitting Little Tigers. "With the absence of football at Pacific, rugby can certainly fill the void on a Saturday afternoon. You don't have to understand it to enjoy it plus you can get close enough to the action to get a good sense of the intensity of the game. Any guy who misses the contact of football will certainly find rugby a satisfying alternative, specially if they like to hit," said Geiman.

This Saturday will produce lots of hitting as the

intensity is going to be in top shape. "This program is a very close-knit group, and that can be a catch-22, as the alumni game is a little different than any other game. This game is about bragging rights. Guys want to make sure they make a statement that they can talk smack about in ten years. If there is one game I would stress for people to come watch, it would be the alumni game," added Behnam.

This is a time for the alumni to absorb the seeds

of what they have planted and relive the glory days of the past. "It is great to come back and see old teammates and have a chance to play with them once a year. It is always good to see the new team and get a taste of what they have to offer for the season," said alumnus Ryan Aragon who in his playing days was known as "the truck" for the way he ran opponents over.

Pacific Rugby will be facing Pacific alumni on Saturday at 1 on the rugby field behind Monagan Hall.

Ryan Matthews
Columnist

This Saturday marks the 91st meeting between Pacific Tigers and the Nevada Wolf Pack and the Tigers are the lead overall with series at (48-42).

The Wolf Pack is ranked number 20 in the nation this week in the polls and they are on a three game winning streak, where two of the games have been on the road. On Thursday they enter yet another road game playing Kansas in a nationally broadcasted game. Nevada is trying to go for in a row for the first time in five years.

The Tigers started the season just as the Wolf Pack did, with three wins. Those were great wins, and starting Christian Maraker earned a double-double (18pts, 11 reb.) against Savannah State. The team is looking strong but the first run on the road is hurting them. Now the Tigers will be coming back this weekend from a three game road trip where two losses have already come from that trip, losing to Oregon and Santa Clara (at time of print). Maraker had an off game against Santa Clara and the Tigers only lost by three. They are to play San Francisco and then return home for the game on Saturday.

Nevada used to be part of the Big West Conference from 1992-2000 and have had a series record of (5-1) against the Tigers while in the league. The Tigers last lost to them back in 2002. Last year the Tigers broke an 18-game home winning streak for Nevada in a close 72-69 victory. So as said before, the team is strong going into the game this weekend. As of now Maraker is averaging 14.4 points per game and 7.4 rebounds per game. At the same time, seniors Johnny Gray and Mike Webb are averaging 13.2 and 10.4 points per game, respectively. Both Gray and Webb are over .400 when shooting from three point range.

Tigers fans should be at the Spanos Center at 7:00pm



Photograph courtesy of Bill Newman

(Above) Little Tiger delivers big hit. Don't let the name fool you, there is nothing little about the thunder-cat hits Pacific hands out.



Photograph courtesy of Bill Newman

(Left) Mike Mahaffery pouts his lips as he and the rest of the Little Tiger scrum shows the elegance of Rugby.



Photograph courtesy of Gillian G'Hondt

Switching her orange and black for red and white, Alumni Gillian G'Hondt dominates overseas with one of her patented post moves.

From GILLIAN page 10

Tournament play. D'Hondt earned a sport on the All-Big West Tournament Team 3 consecutive years.

In her time at Pacific, D'Hondt averaged 17.2 points and 6.5 rebounds per game. She was named Big West Conference Player of the Week on 4 separate occasions during her career. D'Hondt helped lead the Tigers to Big West Conference Championship games her sophomore and junior season, and fell 1 game short of the championship game her senior season.

Head Coach Craig Jackson said, "Gillian is probably the best player that I have ever

coached."

Her old teammates would also agree. Nancy Dinges, former teammate and member of 1,000-point club, said, "Gil and I played together for 4 years and she was the best post Pacific had."

D'Hondt has "pure talent and a nose for the ball," said former teammate and still current player Dana Zimmerman. D'Hondt had the ability and skill to take her basketball career past the college level. To find out more about the Rebels and how D'Hondt is doing, "http://www.rhondadarebels.com"